

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL	
		LANES AVAILABLE				ACTIVITY	NO. IN GROUP
Monday 06/05/19 OPEN: 5.30am - 9pm	5.30 - 9.00am	8			5.30 - 10am	Aqua Jogging	
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)			
	11.45am - 3.15pm	8					
	3.15 - 6.15pm	4		Wavebreakers Swim School			
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.15 - 9.00pm	3		Hydrorobics (7.35pm)	7 - 9pm	Group Booking	26
Tuesday 07/05/19 OPEN: 5.30am - 9pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7.00 - 9.30am	8			10 - 11am	Toddler Time	
	9.30am - 12.00pm	4		School Group			
	12.00 - 1.45pm	5		Home School			
	1.45-3.00pm	8					
	3.00 - 5.45pm	4		Flippaball			
	5.45 - 7.30pm	3		Wavebreakers Squad	6.30 - 8.30pm	Group Bookings	135
	7.30 - 9.00pm	3		Hydrorobics (7.35pm)			
Wednesday 08/05/19 OPEN: 5.30am - 9pm	5.30 - 9.00am	8			5.30 - 10am	Aqua Jogging	
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)			
	11.45 - 1.00pm	8			1.30-2.30pm	School Group - W/S	
	1.00 - 2.30pm	4		School Group			
	2.30 - 3.15pm	8					
	3.15 - 6.15pm	4		Wavebreakers Swim School			
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.15-9.00pm	3-6		Upper Hutt Swim Club + Adult LTS			
Thursday 09/05/19 OPEN: 5.30am - 9pm	5.30am - 9.30am	8			5.30 - 10am	Aqua Jogging	
	9.30am-12.00pm	4		School Group	10-11am	Toddler Time	
	12.00 - 3.00pm	8					
	3.00-5.45pm	3-4		Flippaball			
	5.45 - 7.15pm	3		Wavebreakers Squad			
	7.15 - 9.00pm	3		Hydrorobics (7.35pm)	7 - 8pm	Group Booking	23
Friday 10/05/19 OPEN: 5.30am - 10pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7.00 - 9.30am	8					
	9.30 - 10.15am	6		Group Booking			
	10.15 - 11.45am	3		Hydrorobics (10.30am)	11am - 1pm	Group Booking	10
	11.45am - 3.30pm	8					
	3.30 - 6.00pm	4		Wavebreakers Swim School			
	6.00 - 6.30pm	8					
	7.00 - 10.00pm	NONE		Teentime			
Saturday 11/05/19 OPEN: 8am - 7pm	8.00 - 9.00am	5		Wavebreakers Swim School	8 - 10am	Aqua Jogging	
	9am - 11.00am	3		Wavebreakers Swim School	8 - 11am	Wavebreakers Swim School	
	11.00am-1.00pm	4		Teentime	11am - 2pm	Group Bookings	20
	1.00 - 4.30pm	NONE		Teentime			
	5.00-7.00pm	8					
Sunday 12/05/19 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 - 8.45am	8			8 - 10am	Aqua Jogging	
	8.45 - 10.15am	3		Hydrorobics (9am)	8 - 10.45am	Wavebreakers Swim School	
	10.15 - 11.00am	8					
	11.00 - 1.00pm	4		Teentime			
	1.00 - 4.30pm	NONE		Teentime			
	5.00 - 6.30pm	8					
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7 - 9pm			WOMENS ONLY SWIM NIGHT	7 - 9pm	WOMENS ONLY SWIM NIGHT	
	7 - 9pm			Lane Swimming/Walking	7 - 8pm	Aqua Jogging	
					8 - 8.45pm	Waves and Slides	

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!