

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL		NO. IN GROUP
		LANES AVAILABLE				ACTIVITY		
Monday 13/05/19 OPEN: 5.30am - 9pm	5.30 - 9.00am	8			5.30 - 10am	Aqua Jogging		
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)				
	11.45am - 3.15pm	8						
	3.15 - 6.15pm	4		Wavebreakers Swim School				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.15 - 9.00pm	3		Hydrorobics (7.35pm)				
Tuesday 14/05/19 OPEN: 5.30am - 9pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging		
	7.00 - 9.30am	8			10 - 11am	Toddler Time		
	9.30am - 12.00pm	4		School Group				
	12.00 - 1.45pm	5		Home School				
	1.45-3.00pm	8						
	3.00 - 5.45pm	3-4		Flippaball				
	5.45 - 7.30pm	3		Wavebreakers Squad				
	7.30 - 9.00pm	3		Hydrorobics (7.35pm)				
Wednesday 15/05/19 OPEN: 5.30am - 9pm	5.30 - 9.00am	8			5.30 - 10am	Aqua Jogging		
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)				
	11.45 - 3.15pm	8						
	3.15 - 6.15pm	4		Wavebreakers Swim School				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.15-9.00pm	3-6		Upper Hutt Swim Club + Adult LTS				
Thursday 16/05/19 OPEN: 5.30am - 9pm	5.30am - 9.30am	8			5.30 - 10am	Aqua Jogging		
	9.30am-12.00pm	4		School Group	10-11am	Toddler Time		
	12.00 - 3.00pm	8						
	3.00-5.45pm	3-4		Flippaball				
	5.45 - 7.15pm	3		Wavebreakers Squad				
	7.15 - 9.00pm	3		Hydrorobics (7.35pm)				
Friday 17/05/19 OPEN: 5.30am - 10pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging		
	7.00 - 9.30am	8						
	9.30 - 10.15am	6		Group Booking				
	10.15 - 11.45am	3		Hydrorobics (10.30am)				
	11.45am - 3.30pm	8			12-2pm	Group Booking	120	
	3.30 - 6.00pm	4		Wavebreakers Swim School				
	6.00 - 6.30pm	8						
	7.00 - 10.00pm	NONE		Teentime				
Saturday 18/05/19 OPEN: 8am - 7pm	8.00 - 9.00am	4		Wavebreakers Swim School	8 - 10am	Aqua Jogging		
	9am - 11.00am	3		Wavebreakers Swim School	8 - 11am	Wavebreakers Swim School		
	11.00am-1.00pm	3-4		Teentime	11am-2pm	Group Bookings	23	
	1.00 - 4.30pm	NONE		Teentime				
	5.00-7.00pm	8						
Sunday 19/05/19 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 - 8.45am	8			8 - 10am	Aqua Jogging		
	8.45 - 10.15am	3		Hydrorobics (9am)	8 - 10.45am	Wavebreakers Swim School		
	10.15 - 11.00am	8						
	11.00 - 1.00pm	4		Teentime				
	1.00 - 4.30pm	NONE		Teentime				
	5.00 - 6.30pm	8						
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC		
	7 - 9pm			WOMENS ONLY SWIM NIGHT	7 - 9pm	WOMENS ONLY SWIM NIGHT		
				Lane Swimming/Walking	7 - 8pm	Aqua Jogging		
					8 - 8.45pm	Waves and Slides		

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!