

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL	
		LANES AVAILABLE				ACTIVITY	NO. IN GROUP
Monday 8/04/19 OPEN: 5.30am - 9pm	5.30 – 9.00am	8			5.30 – 10am	Aqua Jogging	
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)			
	11.45am – 3.15pm	8			1.45-2.45pm	Group Booking	40
	3.15 – 6.15pm	4		Wavebreakers Swim School			
	6.15 – 7.15pm	3		Upper Hutt Swim Club			
	7.15 – 9.00pm	3		Hydrorobics (7.35pm)			
Tuesday 09/04/19 OPEN: 5.30am - 9pm	5.30 – 7.00am	6		Upper Hutt Swim Club	5.30 – 10am	Aqua Jogging	
	7.00 – 10.00am	8			10 – 11am	Toddler Time	
	10.00am – 12.30pm	5-6		Home School			
	12.30 - 3.00pm	8					
	3.00 – 5.45pm	3-4		Flippaball			
	5.45 – 7.30pm	3		Wavebreakers Squad			
	7.30 – 9.00pm	3		Hydrorobics (7.35pm)			
Wednesday 10/04/19 OPEN: 5.30am - 9pm	5.30 – 9.00am	8			5.30 – 10am	Aqua Jogging	
	9.00 – 11.45am	3		Hydrorobics (9.20 & 10.30am)			
	11.45am-1.45pm	4		School Group	11.45-1.45pm	Water Safety	
	1.45 – 3.15pm	8					
	3.15 – 6.15pm	3-4		Wavebreakers Swim School			
	6.15 – 7.15pm	3		Upper Hutt Swim Club			
	7.15-9.00pm	2-3		Upper Hutt Swim Club, Adult LTS and Training			
Thursday 11/04/19 OPEN: 5.30am - 9pm	5.30am – 8.00am	8			5.30 – 10am	Aqua Jogging	
	8.00-11.00am	6		Group Booking	10-11am	Toddler Time	
	11.00am-3.00pm	8			11.30am-3pm	Training Group	
	3.00-5.45pm	4		Flippaball			
	5.45 – 7.15pm	3		Wavebreakers Squad			
	7.15 – 9.00pm	3		Hydrorobics (7.35pm)			
Friday 12/04/19 OPEN: 5.30am - 10pm	5.30 – 7.00am	6		Upper Hutt Swim Club	5.30 – 10am	Aqua Jogging	
	7.00 - 9.30am	8			10.30am-1pm	Group Booking	50
	9.30 – 10.15am	6		Group Booking			
	10.15 – 11.45am	3		Hydrorobics (10.30am)			
	11.45am – 3.30pm	8					
	3.30 – 6.00pm	4		Wavebreakers Swim School			
	6.00 – 6.30pm	8					
	7.00 – 10.00pm	NONE		Teentime			
Saturday 13/04/19 OPEN: 8am - 7pm	8.00 – 9.00am	5		Wavebreakers Swim School	8 – 10am	Aqua Jogging	
	9am – 11.00am	3		Wavebreakers Swim School	8 – 11am	Wavebreakers Swim School	
	11.00am-1.00pm	2-4		Teentime	11am-3.15pm	Group Bookings	10
	1.00 – 4.30pm	NONE		Teentime			
	5.00-7.00pm	8					
Sunday 14/04/19 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 – 8.45am	8			8 – 10am	Aqua Jogging	
	8.45 – 10.15am	3		Hydrorobics (9am)	8 – 10.45am	Wavebreakers Swim School	
	10.15 – 11.00am	8			11am-12.30pm	Group Bookings	25
	11.00 – 1.00pm	4		Teentime	12.30-4pm	Group Bookings	10
	1.00 – 4.30pm	NONE		Teentime			
	5.00 – 6.30pm	8					
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7 – 9pm			WOMENS ONLY SWIM NIGHT	7 – 9pm	WOMENS ONLY SWIM NIGHT	
				Lane Swimming/Walking	7 – 8pm	Aqua Jogging	
					8 – 8.45pm	Waves and Slides	

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!