

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL	
		LANES AVAILABLE				ACTIVITY	NO. IN GROUP
Monday 11/03/19 OPEN: 5.30am - 9pm	5.30 – 9.00am	8			5.30 – 10am	Aqua Jogging	
	9.00 - 11.45am	3		Hydrorobics (9.20 & 10.30am)			
	11.45am – 3.15pm	8					
	3.15 – 6.15pm	4		Wavebreakers Swim School			
	6.15 – 7.15pm	3		Upper Hutt Swim Club			
	7.15 – 9.00pm	3		Hydrorobics (7.35pm)	7-9pm	Group Booking	5
Tuesday 12/03/19 OPEN: 5.30am – 9pm	5.30 – 7.00am	6		Upper Hutt Swim Club	5.30 – 10am	Aqua Jogging	
	7.00 – 10.00am	8			10 – 11am	Toddler Time	
	10.00am – 12.30pm	6		Home School			
	12.30 - 3.00pm	8					
	3.00 – 5.45pm	3-4		Flippaball			
	5.45 – 7.30pm	3		Wavebreakers Squad			
	7.30 – 9.00pm	3		Hydrorobics (7.35pm)			
Wednesday 13/03/19 OPEN: 5.30am – 9pm	5.30 – 9.00am	8			5.30 – 10am	Aqua Jogging	
	9.00 – 11.45am	3		Hydrorobics (9.20 & 10.30am)	10am-1pm	Group Booking	20
	11.45am-3.00pm	8			1-4pm	Group Booking	66
	3.15 – 6.15pm	3-4		Wavebreakers Swim School			
	6.15 – 7.15pm	3		Upper Hutt Swim Club			
	7.15-9.00pm	4-6		Upper Hutt Swim Club and Adult LTS			
Thursday 14/03/19 OPEN: 5.30am – 9pm	5.30am – 3.00pm	8			5.30 – 10am	Aqua Jogging	
	3.00-5.45pm	4		Flippaball	10-11am	Toddler Time	
	5.45 – 7.15pm	3		Wavebreakers Squad			
	7.15 – 9.00pm	3		Hydrorobics (7.35pm)			
Friday 15/03/19 OPEN: 5.30am – 10pm	5.30 – 7.00am	6		Upper Hutt Swim Club	5.30 – 10am	Aqua Jogging	
	7.00 - 9.30am	8					
	9.30 – 10.15am	6		Group Booking			
	10.15 – 11.45am	3		Hydrorobics (10.30am)			
	11.45am – 3.30pm	8					
	3.30 – 6.00pm	4		Wavebreakers Swim School			
	6.00 – 6.30pm	8					
	7.00 – 10.00pm	NONE		Teentime	7.00 – 10.00pm	Teentime	
Saturday 16/03/19 OPEN: 8am – 7pm	8.00 – 9.00am	5		Wavebreakers Swim School	8 – 10am	Aqua Jogging	
	9am – 11.00am	3		Wavebreakers Swim School	8 – 11am	Wavebreakers Swim School	
	11.00am-1.00pm	3-4		Teentime	11am-12.30pm	Group Bookings	35
	1.00 – 4.30pm	NONE		Teentime	12.30-5pm	Group Bookings	65
	5.00-7.00pm	8					
Sunday 17/03/19 OPEN: 8am – 6.30pm Women Only: 7 – 9pm	8.00 – 8.45am	8			8 – 10am	Aqua Jogging	
	8.45 – 10.15am	3		Hydrorobics (9am)	8 – 10.45am	Wavebreakers Swim School	
	10.15 – 11.00am	8			11am-2pm	Group Booking	10
	11.00 – 1.00pm	4		Teentime			
	1.00 – 4.30pm	NONE		Teentime			
	5.00 – 6.30pm	8					
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7 – 9pm			WOMENS ONLY SWIM NIGHT	7 – 9pm	WOMENS ONLY SWIM NIGHT	
	7 – 9pm			Lane Swimming/Walking	7 – 8pm	Aqua Jogging	
					8 – 8.45pm	Waves and Slides	

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!