

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL	
		LANES AVAILABLE				ACTIVITY	NO. IN GROUP
Monday 09.10.2017 OPEN: 5.30am - 9pm	5.30 - 8.30am	8			5.30 - 10am	Aqua Jogging	
	8.30 - 9.00am	7		Holiday Learn to Swim			
	9.00 - 11.45 am	2		Hydrobics (9.20 & 10.30am) + LTS			
	11.45 - 1.00pm	4		Teentime	10.45-3.00pm	Group Booking	35
	1.00 - 5.00pm	NONE		Teentime	12.30-3.30pm	Group Booking	50
	5.00 - 6.15pm	8					
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.15 - 9.00pm	3		Hydrobics (7.30pm)			
Tuesday 10.10.2017 OPEN: 5.30am - 9pm	5.30 - 7.00pm	8			5.30 - 10am	Aqua Jogging	
	7.00 - 8.30am	6		Upper Hutt Swim Club			
	8.30 - 11.00am	7		Holiday Learn to Swim			
	11.00 - 1.00pm	4		Teentime			
	1.00 - 5.00pm	NONE		Teentime			
	5.00 - 7.15pm	8					
	7.15 - 9.00pm	3		Hydrobics (7.30pm)			
Wednesday 11.10.2017 OPEN: 5.30am - 9pm	5.30 - 8.30am	8			5.30 - 10am	Aqua Jogging	
	8.30 - 9.00am	7		Holiday Learn to Swim			
	9.00 - 11.45am	2		Hydrobics (9.20 & 10.30am)			
	11.45 - 1.00pm	4		Teentime			
	1.00 - 5.00pm	NONE		Teentime			
	5.00 - 6.15pm	8					
	6.15 - 7.45pm	3		Upper Hutt Swim Club			
	7.45-9.00pm	8					
Thursday 12.10.2017 OPEN: 5.30am - 9pm	5.30am - 8.30am				5.30 - 10am	Aqua Jogging	
	8.30am - 11.00am	7		Holiday Learn to Swim			
	11.00 - 1.00pm	4		Teentime	10 - 2.30pm	Group Booking	35
	1.00 - 5.00pm	NONE		Teentime	12.30-3.45pm	Group Booking	50
	5.00 - 7.15pm	8					
	7.15 - 9.00pm	3		Hydrobics (7.35pm)			
Friday 13.10.2017 OPEN: 5.30am - 9pm	5.30 - 7.00am	8			5.30 - 10am	Aqua Jogging	
	7.00 - 8.30am	6		Upper Hutt Swim Club			
	8.30 - 10.15am	7		Holiday Learn to Swim			
	10.15 - 11.45am	2		Hydrobics (10.30am)			
	11.45 - 1.00pm	4		Teentime	12.30 - 3.30pm	Group Booking	50
	1.00 - 5.00pm	NONE		Teentime			
	5.00 - 7.00pm	8					
	7.00 - 9.00pm	NONE		Teentime			
Saturday 14.10.2017 OPEN: 8am - 7pm	8.00 - 11.00am	8			8 - 10am	Aqua Jogging	
	11.00am - 1.00pm	4		Teentime	11am - 3pm	Group Booking	13
	1.00 - 5.00pm	NONE		Teentime	12.00-4.00pm	Group Booking	30
	5.00 - 7.00pm	8					
Sunday 15.10.2017 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 - 8.45am	8			8 - 10am	Aqua Jogging	
	8.45 - 10.15am	2-3		Hydrobics (9.00am)			
	10.15 - 11am	8					
	11.00am - 1.00pm	4		Teentime	12.00-5.00pm	Group Booking	12
	1.00 - 5.00pm	NONE		Teentime			
	5.00 - 6.30pm	8					
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7.00 - 9.00pm			WOMENS ONLY SWIM NIGHT	7 - 9.00pm	WOMENS ONLY SWIM NIGHT	
				Lane Swimming/Walking	7 - 8pm	Aqua Jogging	
				8 - 9.00pm	Waves and Slides		

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!