

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL LANES AVAILABLE	ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL ACTIVITY	NO. IN GROUP
Monday 7.8.2017 OPEN: 5.30am - 9pm	5.30 - 9.00am	8		5.30 - 10am	Aqua Jogging	
	9.00 - 11.45am	3	Hydrorobics (9.20 & 10.30am)			
	11.45 - 2.30pm	5	Group Booking - LTS School Group			
	2.30 - 3.30pm	8				
	3.30 - 6.15pm	4 - 5	Wavebreakers Swim School			
	6.15 - 7.15pm	3	Upper Hutt Swim Club			
	5.00 - 9.00pm	3	Hydrorobics (7.30pm)			
Tuesday 8.8.2017 OPEN: 5.30am - 9pm	5.30 - 7.00am	6	Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7.00am - 12.00pm	8		10 - 11am	Toddler Time	
	12.00 - 2.30pm	5	Group Booking - LTS School Group			
	2.30 - 5.45pm	8				
	5.45 - 7.30pm	3	Wavebreakers Squad			
	7.30 - 9.00pm	3	Hydrorobics (7.35pm)			
Wednesday 9.8.2017 OPEN: 5.30am - 9pm	5.30 - 9.00am	8		5.30 - 10am	Aqua Jogging	
	9.00 - 11.45am	3	Hydrorobics (9.20 & 10.30am)			
	11.45 - 2.30pm	5	Group Booking - LTS School Group			
	2.30 - 3.30pm	8				
	3.30 - 6.15pm	3 - 4	Wavebreakers Swim School			
	6.15 - 7.30pm	3	Upper Hutt Swim Club			
	7.30 - 9.00pm	5	Learn To Swim			
Thursday 10.8.2017 OPEN: 5.30am - 9pm	5.30am - 12pm	8		5.30 - 10am	Aqua Jogging	
	12.00 - 2.30pm	5	Group Booking - LTS School Group	10 - 11am	Toddler Time	
	2.30 - 5.00pm	8				
	5.00 - 5.45pm	7	Private Lessons			
	5.45 - 7.30pm	3	Wavebreakers Squad			
	7.30 - 9.00pm	3	Hydrorobics (7.35pm)			
Friday 11.8.2017 OPEN: 5.30am - 10pm	5.30 - 7.00am	6	Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7.00 - 9.15am	8		10.30 - 12.30pm	Wavebreakers Swim School	
	9.15 - 10.15am	5	Group Booking + Private Lessons			
	10.15 - 11.45am	3	Hydrorobics (10.30am)			
	11.45am - 3.00pm	8				
	3.00 - 7.00pm	4 - 6	Wavebreakers Swim School			
	7.00 - 10.00pm	NONE	Teentime	7 - 10pm	Teentime	
Saturday 12.8.2017 OPEN: 8am - 7pm	8.00 - 10.00am	3 - 5	Wavebreakers Swim School	8 - 10am	Aqua Jogging	
	10.00 - 11.00am	2 - 4	Wavebreakers Swim School	8 - 11am	Wavebreakers Swim School	
	11.00am - 1.00pm	2 - 4	Teentime + LTS			
	1.00 - 5.00pm	NONE	Teentime			
	5.00 - 7.00pm	8				
Sunday 13.8.2017 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 - 8.45am	7	Wavebreakers Swim School	8 - 10am	Aqua Jogging	
	8.45 - 10.15am	3	Hydrorobics (9am)	8 - 11am	Wavebreakers Swim School	
	10.15 - 11.00am	7	Wavebreakers Swim School			
	11.00am - 1.00pm	3 - 4	Teentime + Private Lessons	11 - 1.30pm	Group booking	20
	1.00 - 5.00pm	NONE	Teentime	11 - 1.15pm	Group Booking	29
	5.00 - 6.30pm	8		11 - 2.15pm	Group Booking	12
	6.30pm		CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7.00 - 9.00pm		WOMENS ONLY SWIM NIGHT	7 - 9.00pm	WOMENS ONLY SWIM NIGHT	
				7 - 8pm	Aqua Jogging	
	7.30 - 8.45pm		Lane Swimming/Walking	8 - 8.45pm	Waves and Slides	

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!