

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL	
		LANES AVAILABLE				ACTIVITY	NO. IN GROUP
Monday 16.10.2017 OPEN: 5.30am - 9pm	5.30 - 9am	8			5.30 - 10am	Aqua Jogging	
	9-11.45am	3		Hydrobics (9.20 & 10.30am)			
	11.45am - 3.30pm	8					
	3.30 - 6.15pm	4		Wavebreakers Swim School			
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.15 - 9pm	3		Hydrobics (7.35pm)			
Tuesday 17.10.2017 OPEN: 5.30am - 9pm	5.30 - 7am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7am-8.30pm	8			10- 11am	Toddler Time	
	8.30-9.30am	5		Group Booking			
	9.30am-3pm	6-8		Home School Lessons (12.30-2.30pm)			
	3-5.45pm	NONE		Primary School Flippaball			
	5.45-7.30pm	3		Wavebreakers Squad			
	7.30 - 9pm	3		Hydrobics (7.35pm)			
Wednesday 18.10.2017 OPEN: 5.30am - 9pm	5.30 - 9am	8			5.30 - 10am	Aqua Jogging	
	9 - 11.45am	3		Hydrobics (9.20 & 10.30am)	11.30am-2pm	Wavebreakers Swim School	
	11.45am - 3.30pm	8					
	3.30 - 6.15pm	3 - 4		Wavebreakers Swim School	4-9pm	Group Booking	14
	6.15-7.45pm	3		Upper Hutt Swim Club			
	7.45-9pm	5		Learn to Swim			
Thursday 19.10.2017 OPEN: 5.30am - 9pm	5.30am-3.15pm	8			5.30 -10am	Aqua Jogging	
	3.15-5.45pm	2-3		Int. Flippaball + Private Lessons and	10-11am	Toddler Time	
	5.45-7.30pm	3		Wavebreakers Squad	4.30-6pm	Group Booking	33
	7.30 - 9pm	3		Hydrobics (7.35pm)			
Friday 20.10.2017 OPEN: 5.30am - 10pm	5.30 - 7am	6		Upper Hutt Swim Club	5.30 - 10am	Aqua Jogging	
	7 - 10.15am	5-8		Private Lesson/Group Booking (9.15-10.15am)	10.30 - 11.30am	Wavebreakers Swim School	
	10.15 am - 11.45am	3		Hydrobics (10.30am)			
	11.45am - 3pm	8					
	3 - 6pm	4 - 6		Wavebreakers Swim School			
	6-7pm	8					
	7 - 10pm	NONE		Teen Time	7 - 10pm	Teen Time	
Saturday 21.10.2017 OPEN: 8am - 7pm	8- 9am	5		Wavebreakers Swim School	8 - 10am	Aqua Jogging	
	9 - 11am	3		Wavebreakers Swim School	8 - 11am	Wavebreakers Swim School	
	11am-1pm	3-4		Teentime + LTS			
	1 - 5pm	NONE		Teentime			
	5- 7pm	8					
Sunday 22.10.2017 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8 - 8.45am	8			8 - 10am	Aqua Jogging	
	8.45 - 10.15am	3		Hydrobics (9am)	8 - 11am	Wavebreakers Swim School	
	10.15 - 11am	7		Wavebreakers Swim School	11am-3pm	Group Booking	17
	11am - 1.00pm	4		Teentime			
	1 - 5pm	NONE		Teentime			
	5 - 6.30pm	8					
	6.30pm			CLOSED TO PUBLIC	6.30pm	CLOSED TO PUBLIC	
	7 - 9pm			WOMENS ONLY SWIM NIGHT	7- 9pm	WOMENS ONLY SWIM NIGHT	
					7 - 8pm	Aqua Jogging	
	7.30-8.15pm			Hydrobics	8 - 8.45pm	Waves and Slides	
7-9pm			Lane Swimming/Walking				

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!