

# What's on H<sup>2</sup>O Xtream!

**Please note:** during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL LANES AVAILABLE	ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL ACTIVITY	NO. IN GROUP
<b>Monday</b> 14.8.2017 <b>OPEN:</b> <b>5.30am – 9pm</b>	5.30 – 9.00am	8		5.30 – 10am	<a href="#">Aqua Jogging</a>	
	9.00 – 11.45am	3	<a href="#">Hydrorobics</a> (9.20 & 10.30am)			
	11.45am-12.30pm	8		6.45-7.45pm	Group Booking	14
	12.30 – 2.30pm	4	Group Booking – LTS School Group			
	2.30 – 3.30pm	8				
	3.30 – 6.15pm	4	<a href="#">Wavebreakers Swim School</a>			
	6.15 – 7.15pm	3	Upper Hutt Swim Club			
	7.15 – 9.00pm	3	<a href="#">Hydrorobics</a> (7.35pm)			
<b>Tuesday</b> 15.8.2017 <b>OPEN:</b> <b>5.30am – 9pm</b>	5.30 – 7.00am	6	Upper Hutt Swim Club	5.30 – 10am	<a href="#">Aqua Jogging</a>	
	7.00-9.45am	8		10 – 11am	<a href="#">Toddler Time</a>	
	9.45am-12.30pm	2	Group Booking – LTS School Group			
	12.30-2.30pm	4	Group Booking – LTS School Group	10am-12.30pm	LTS School Group	26-28
	2.30 – 3.00pm	8				
	3.00-5.45pm	<b>NONE</b>	Primary School Flippaball			
	5.45 – 7.30pm	3	<a href="#">Wavebreakers Squad</a>			
	7.30 – 9.00pm	3	<a href="#">Hydrorobics</a> (7.35pm)			
<b>Wednesday</b> 16.8.2017 <b>OPEN:</b> <b>5.30am – 9pm</b>	5.30 – 9.00am	8		5.30 – 10am	<a href="#">Aqua Jogging</a>	
	9.00 – 11.45am	3	<a href="#">Hydrorobics</a> (9.20 & 10.30am)			
	11.45am-12.30pm	8				
	12.30 – 2.30pm	4	Group Booking – LTS School Group			
	2.30 – 3.30pm	8				
	3.30 – 6.15pm	3 - 4	<a href="#">Wavebreakers Swim School</a>			
	6.15 – 7.45pm	3	Upper Hutt Swim Club			
	7.45 – 9.00pm	5	Learn To Swim			
<b>Thursday</b> 17.8.2017 <b>OPEN:</b> <b>5.30am – 9pm</b>	5.30-9.45am	8		5.30 – 10am	<a href="#">Aqua Jogging</a>	
	9.45am-12.30pm	2	Group Booking – LTS School Group	10 – 11am	<a href="#">Toddler Time</a>	
	12.30-2.30pm	4	Group Booking – LTS School Group			
	2.30 – 3.15pm	8		10am-12.30pm	LTS School Group	26-28
	3.15-5.45pm	2-3	Int. Flippaball + Private Lessons + Group Booking			
	5.45 – 7.30pm	3	<a href="#">Wavebreakers Squad</a>			
	7.30 – 9.00pm	3	<a href="#">Hydrorobics</a> (7.35pm)			
<b>Friday</b> 18.8.2017 <b>OPEN:</b> <b>5.30am – 10pm</b>	5.30 – 7.00am	6	Upper Hutt Swim Club	5.30 – 10am	<a href="#">Aqua Jogging</a>	
	7.00 – 9.15am	8		10.30 – 12.30pm	<a href="#">Wavebreakers Swim School</a>	
	9.15 – 10.15am	5	Group Booking + Private Lessons			
	10.15 am – 11.45am	2-3	<a href="#">Hydrorobics</a> (10.30am) + Group Booking	5.00-9.00pm	Group Booking	80
	11.45am - 3.00pm	8				
	3.00 – 7.00pm	4 - 6	<a href="#">Wavebreakers Swim School</a>			
	7.00 – 10.00pm	<b>NONE</b>	<b>Teentime</b>	7 – 10pm	<b>Teentime</b>	
<b>Saturday</b> 19.8.2017 <b>OPEN:</b> <b>8am – 7pm</b>	8.00 – 9.00am	5	<a href="#">Wavebreakers Swim School</a>	8 – 10am	<a href="#">Aqua Jogging</a>	
	9.00 – 11.00am	3	<a href="#">Wavebreakers Swim School</a>	8 – 11am	<a href="#">Wavebreakers Swim School</a>	
	11.00am – 1.00pm	1 - 4	<b>Teentime</b> + LTS + Group Booking			
	1.00 – 5.00pm	<b>NONE</b>	<b>Teentime</b>	13.0-4.00pm	Group Booking	19
	5.00 – 7.00pm	8		3.30-6.00pm	Group Booking	8
<b>Sunday</b> 20.8.2017 <b>OPEN:</b> <b>8am – 6.30pm</b>  <b>Women Only:</b> <b>7 – 9pm</b>	8.00 – 8.45am	7	<a href="#">Wavebreakers Swim School</a>	8 – 10am	<a href="#">Aqua Jogging</a>	
	8.45 – 10.15am	3	<a href="#">Hydrorobics</a> (9am)	8 – 11am	<a href="#">Wavebreakers Swim School</a>	
	10.15 – 11.00am	7	<a href="#">Wavebreakers Swim School</a>			
	11.00am – 1.00pm	3 - 4	<b>Teentime</b> + Private Lessons			
	1.00 – 5.00pm	<b>NONE</b>	<b>Teentime</b>			
	5.00 – 6.30pm	8				
	<b>6.30pm</b>		<b>CLOSED TO PUBLIC</b>	<b>6.30pm</b>	<b>CLOSED TO PUBLIC</b>	
	<b>7.00 – 9.00pm</b>		<b>WOMENS ONLY SWIM NIGHT</b>	<b>7 – 9.00pm</b>	<b>WOMENS ONLY SWIM NIGHT</b>	
			<b>7 – 8pm</b>	<b>Aqua Jogging</b>		
			<b>8 – 8.45pm</b>	<b>Waves and Slides</b>		

## Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!