



## XTREAM SURVIVAL SESSIONS

### WATER SAFETY

A must for everyone. Skills covered include dry land and reaching rescues, use of improvised flotation aids, rope rescues and basic water safety principals.

These lessons are invaluable in any aquatic situation whether it be by the pool, at the beach or out on the boat.



### BOAT SAFETY

A practical session in the pool with our inflatable raft boat. This fun and exciting session teaches practical and safe tips for when you're in a boat.

Book single sessions or a multi combo!

## SAFETY INFORMATION

H<sup>2</sup>O Xtream is a certified PoolSafe facility with a highly trained and responsive lifeguard crew. However we strictly adhere to the following ratio's at all times:

Under 8 yrs:	1 supervisor to 6 children
8-16 years:	1 supervisor to 10 children

## BOOKING INFORMATION

Please complete a booking form for each day that you would like to bring your group.

You can email, fax or post your form back to us.

Early booking is recommended as space is limited and popular dates book fast.

Accompanying supervisors (within ratios) are FREE of charge.

Remember to add on a Splash or Xtream Splash session if your group would like to enjoy the rest of the facility as well.

There is a 1.2m height restriction for the hydrosides, but children under the height may ride the MasterBlaster and Darkness Falls slides with an adult.

An adult is classed as 16 years and over.

## H<sup>2</sup>O CAFE

The H<sup>2</sup>O Cafe can cater for your group, no matter the size, budget or requirements.

Make sure you talk to us to discuss your catering needs, tel: 04 527 2150.

## CONTACT US

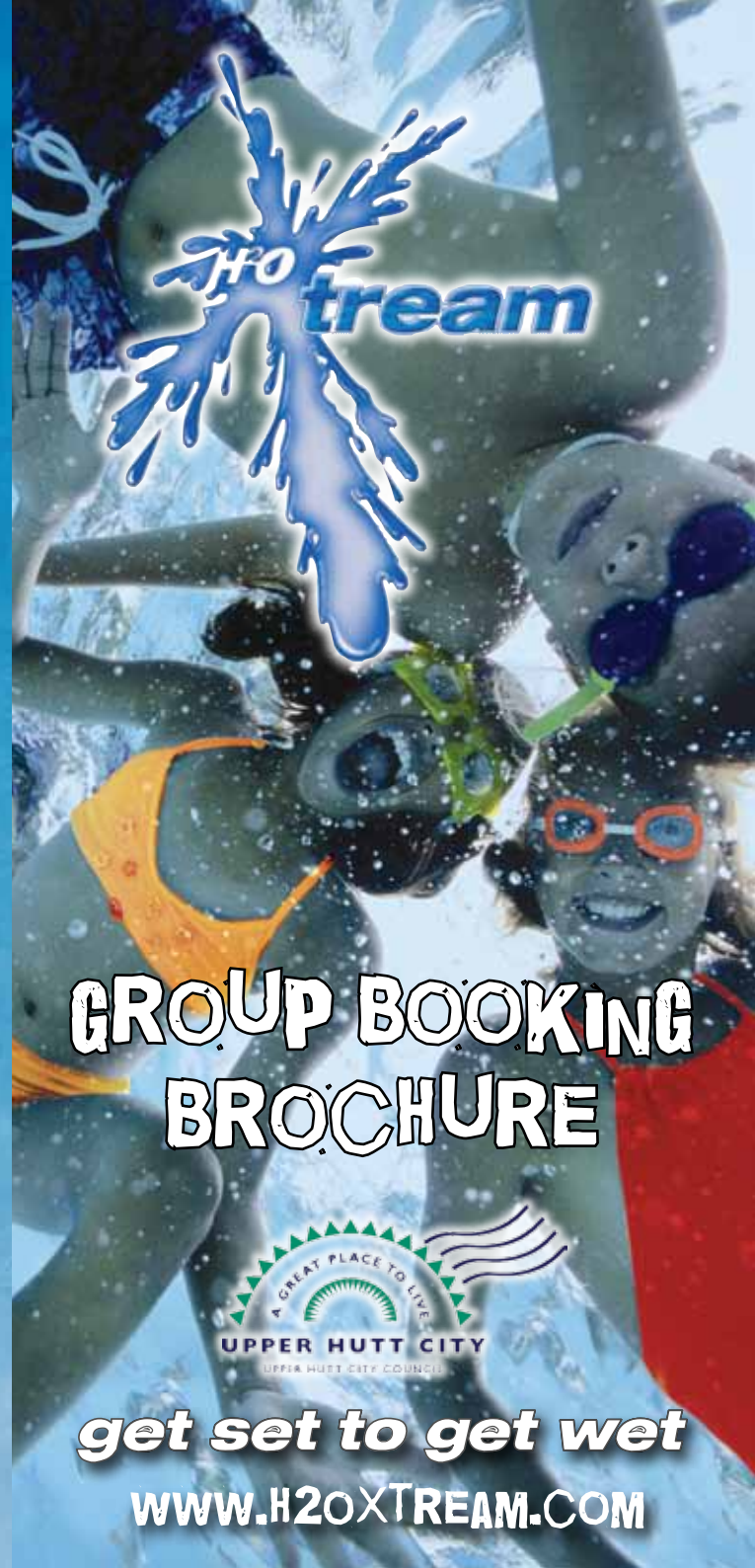
H<sup>2</sup>O Xtream is located at the corner of Brown & Blenheim Streets, Upper Hutt

Easy access from State Highway 2 and 5 minutes walk from the Upper Hutt Train Station.

Tel: 04 527 2113 Fax: 04 528 8938

Email: [h2oxtream@uhcc.govt.nz](mailto:h2oxtream@uhcc.govt.nz)

Visit: [www.h2oxtream.com](http://www.h2oxtream.com)



# GROUP BOOKING BROCHURE



**get set to get wet**

**WWW.H2OXTREAM.COM**

FIND US ON





## VISIT H<sup>2</sup>O XTREAM TODAY...

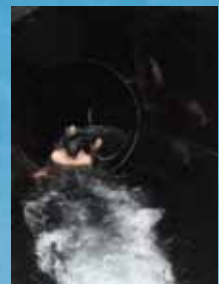
...and experience a fun filled, action packed, aquatic day out for everyone! At one of New Zealand's premier leisure facilities you can do it all! H<sup>2</sup>O Xtream encourages people with a disability to participate with their peers.

## GROUP BOOKINGS

H<sup>2</sup>O Xtream is a great option for groups. Whether a holiday programme, youth group, sports club or school - H<sup>2</sup>O Xtream is excellent value for money for everyone and there's so much to do!

## SPLASH SESSION

Chill out at the beach, catch some waves in the Wave Pool or race around the rapid River Ride.



## XTREAM SPLASH SESSION

Offers the full Splash Session PLUS unlimited rides on all three slides. Launch yourself down the 8m vertical drop of the Xtream Speed Slide, take on the twists and turns of the MasterBlaster or face the ultimate pitch black challenge of our premier slide, Darkness Falls.

## TEEN TIME

As an added bonus, if you book during TeenTime; weekends, public holidays and daily during school holidays from 1-5pm, there will be a pool full of gigantic inflatables!



## AQUA SPORTS SESSIONS

### FLIPPABALL

An awesome team sport based on Water Polo where the aim is to score goals. We can arrange coaching sessions or full games.



### SYNCHRONISED SWIMMING

An intro class and taster session to this popular underwater Olympic sport.

We teach the basic skills required to get you started and ensure everyone has fun!



### KAYAKING

This intro class is a great challenge. Participants are taught confidence routines, basic paddling concepts, wet exits and safety requirements all by our qualified instructors.



### LEARN TO SWIM

Qualified and professional teachers providing quality swimming education for all ages and abilities. Learn a valuable life skill you'll never forget. Talk to us about your requirements now.

### AQUA CIRCUITS

A 45 min class which uses the water and music to create a fun exercise session.

This is an excellent way to encourage healthy exercise habits and a chance for participants to try something new.



### SNORKELLING

This intro class is a great chance to learn basic snorkelling skills.

Our trained instructors reinforce water safety skills and participants gain increased water confidence and learn about life underwater.



**ALL DAY, VALUE FOR MONEY FUN, WHATEVER THE WEATHER**